

**Title: PHYSICIAN COMPETENCY FOR SEDATION**

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| Location: Saint Joseph Regional Medical Center – Plymouth |                                      | Department: Plymouth-Medical Staff Affairs |

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**POLICY:**

1. There shall be a policy and procedure reviewed by the Anesthesia providers and approved by the Medical Staff for physicians with privileges to administer moderate sedation. All patients receiving moderate sedation shall have a level of care to optimize their clinical outcome. That standard of care shall apply throughout the hospital in any site where moderate sedation is used. This policy is for moderate sedation only. Only physicians privileged in moderate sedation will utilize these parameters.
2. Moderate sedation may be used at Saint Joseph Regional Medical Center-Plymouth for:
  - A. Endoscopic procedures
  - B. CT Scans on patients who cannot tolerate the procedure without sedation
  - C. Diagnostic imaging studies
  - D. Minor procedures performed in the Surgery Department or Emergency Department
  - E. Minor procedures performed at the bedside
  - F. Closed reductions
  - G. Pacemaker insertions
  - H. Cardioversion
  - I. Chest tube insertion
  - J. Pediatric patients undergoing radiology, CT Scan, VUCG and EEG
  - K. Any circumstance where a combination of medications is administered. Example: Sedative and Narcotic
3. This is not intended to be a complete list of all procedures for which moderate sedation may be used.

**PROCEDURE:**

- A. Included in the qualifications of individuals providing moderate sedation and anesthesia are competency-based education, training, and experience in:
  - 1) Evaluating patients prior to performing moderate sedation, and;
  - 2) Performing the moderate sedation to include methods and techniques required to rescue those patients who unavoidably or unintentionally slip into a deeper-than-desired level of sedation or analgesia. This includes the following:

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- a) Practitioners who have appropriate credentials and are permitted to administer moderate sedation are qualified to rescue patients from deep sedation and are competent to manage a compromised airway and to provide adequate oxygenation and ventilation.
  - b) All physicians who administer moderate sedation will apply for a “special request” under the Core Privileges for their specialty. Physicians requesting privileges to administer moderate sedation must meet one of the following three criteria:
    - (1) ACLS certified and completion of the approved written sedation analgesia examination with a passing score of 90% OR
    - (2) Proof of training during a residency program and completion of the written examination with a passing score of 90% OR
    - (3) Documentation of comparable CME program and completion of the written examination with a passing score of 90%.
- B. Ongoing monitoring will be performed through Performance Improvement. Competency review for physicians with privileges to administer moderate sedation will be done at the time of reappointment of membership and privileges to the Medical Staff.